# COLLEGE OF ARTS AND SCIENCES NEW PROGRAM REVIEW FORM 



1. Title of Program.

Bachelor of Arts in Kinesiology in Health and Fitness Promotion
2. Rationale for offering this program.

National trends are demanding that Kinesiology graduates have increased health-related knowledge and experiences in developing and applying skills. This degree provides a clear pathway to specific entry level jobs and/or graduate programs in the health and fitness fields. This degree will ultimately replace our current Exercise Physiology degree, which is too narrow in scope and no longer practical for Kinesiology majors desiring health and fitness related jobs upon graduation.
3. Exact proposed catalog description.

This degree prepares students desiring careers in health promotion, wellness and/or fitness related settings such as exercise and sport performance, personal fitness training, corporate wellness, recreation and leisure, public health, and not-for-profit health-related agencies. In addition, students can pursue advanced degrees in other health and fitness related professions, but may need to complete additional course work to meet prerequisite requirements for specific graduate schools. Health and Fitness Promotion requirements are:

Major Requirements:
HL207, KN248, KN250, KN257, KN266, KN300 or KN318, KN306 or KN330, KN321, KN326, KN342, HL377, KN410, plus two electives from the following: KN308, KN335, KN357, KN411, and/or a KN elective course >=300 level).

Activity Techniques requirement:

Choose one of the following courses: KN341, KN343, KN344, or KN345.
Internship Requirement:
KN498 (150-300 contact hours)
Prerequisite Science Requirements:
$\mathrm{BI} 100 / \mathrm{BI} 101$ or BI 102 , BI 250 or BI 275 , and BI 255 .
Correlated Requirements:
Choose four of the following courses: AL320, CN306, HS371, MU307, PY326, SO315.
4. List and financial implications.

None.
5. Are any other departments affected by this new program?

## Y

The options in the Correlated Requirements are courses from 6 different disciplines, so these courses may see some increase in student enrollment.

